

**MATSYA YOGA**

KUNDALINI & HATHA YOGA · ROSSATZ, WACHAU · AUSTRIA

Welcome

300-HOUR YOGA TEACHER TRAINING

You are warmly welcome to our Kundalini & Hatha Yoga Teacher Training — a course of the highest quality, registered with Yoga Alliance at 300 hours.

This advanced training is for everyone who has completed a 200-hour yoga teacher training and wants to go deeper — into tantric philosophy, meditation and the power of Kundalini Yoga.

Before the training can begin, we kindly ask you to fill in the form on the following pages. Take your time with it — and simply write to us if anything is unclear. All details about the training are in our [course information](#).

Warm regards, Namaste!

Clemens Biedrawa

MATSYA YOGA · COURSE MANAGEMENT

CONTACT

Address	Matsya Yoga, Rossatz 12, 3602 Rossatz, Austria
E-mail	home@yogamatsya.com
Phone	+43 680 2455462
Web	yogamatsya.com

Teacher Training Application

300-HOUR KUNDALINI & HATHA YOGA · YOGA ALLIANCE REGISTERED

Please fill in the form, sign the last page and send it to home@yogamatsya.com. If a question does not apply to you, just leave it open.

01 About you

Date of application	
Full name	
Address	
Phone number	
Date of birth	
E-mail	
Gender (optional)	
Nationality	
Spoken languages	
Emergency contact (name and phone)	

YOUR 200-HOUR TRAINING

School, place and year of completion	
Registered with Yoga Alliance?	

Please attach a copy of your 200-hour certificate.

PREFERRED TRAINING DATES

Start date (see our website)	
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PREFERRED FORMAT

- ☐ 40-day intensive (6 weeks, Wednesday to Sunday)
- ☐ Spread over several courses, to be completed within twelve months

ACCOMMODATION

- ☐ I would like to stay in the apartments of Danube Atelier at the training centre. Please pass on my request.
- ☐ I will arrange my own accommodation (e.g. the campsite in Rossatzbach, or at home).

Accommodation is not part of the course fee. It is offered and invoiced separately by [Danube Atelier](#): € 150 per week, reduced to about € 130 per week for the 300-hour training (€ 800 for six weeks). For single nights: € 25 per night in a shared room, € 40 per night in a single room, € 65 per night for a studio apartment.

02 Your practice

There are no right or wrong answers here — we simply want to get to know you a little before we meet. Feel free to continue on a separate sheet.

Why do you want to join this training? What do you hope to gain from it, and what would you like to deepen after your 200-hour training?

How long have you been practising yoga, and how often do you practise now?

Please tell us about the main teachers who have influenced you.

Are you currently teaching yoga? If yes, where and in which style?

Please describe your educational and professional background.

Optional: Is there anything about your health (injuries, physical concerns, pregnancy) that we should know so that we can adapt the practice for you? This information is voluntary and treated confidentially.

Is there anything else you would like to share with us?

03 Course fee, deposit and conditions

Location	Matsya Yoga, Rossatz 12, 3602 Rossatz, Austria
Duration	40-day intensive (6 weeks, Wednesday to Sunday) or spread over several courses
Hours	300 hours: 234 contact hours and 66 hours of self-study

ITEM	AMOUNT	PAID TO
Course fee (tuition, materials, exams, certificate)	€ 3,100	Matsya Yoga
of which deposit to secure your place	€ 500	Matsya Yoga, with this form
Balance	€ 2,600	Matsya Yoga, on the first training day
Accommodation (optional)	€ 800	Danube Atelier, invoiced separately

Travel to and from Rossatz and meals are not included. Matsya Yoga is exempt from VAT.

HOW TO SECURE YOUR PLACE

- 1. Send us this form**
Fill in and sign the form, then e-mail it to home@yogamatsya.com together with a copy of your 200-hour certificate.
- 2. Wait for our confirmation**
We confirm your registration by e-mail. The contract is concluded with this confirmation.
- 3. Transfer the deposit**
Transfer € 500 to the account below. Your place is reserved as soon as the deposit arrives; you receive an invoice.
- 4. Pay the balance on arrival**
The remaining course fee is due on the first day of the training.

BANK DETAILS

Account holder	Matsya Yoga
IBAN	AT50 1200 0100 4187 2572
BIC	BKAUATWW
Reference	300h YTT + your full name

WITHDRAWAL AND CANCELLATION

Right of withdrawal. As you register by e-mail, you may withdraw within 14 days of our confirmation without giving reasons; an e-mail is sufficient. All payments are refunded within 14 days.

Cancellation. After that, the following fees apply:

WRITTEN CANCELLATION RECEIVED	AMOUNT RETAINED
More than 60 days before the start	Handling fee € 100
60 to 30 days before the start	Deposit € 500
Less than 30 days before the start	50 % of the course fee
From the start or if you drop out	100 % of the course fee

If a replacement participant is found, only the handling fee is retained. If you have to interrupt the training for an important reason beyond your control (e.g. an illness confirmed by a doctor), you can make up the missing modules within two years free of charge. If we have to cancel a training (e.g. fewer than three participants), you choose between an alternative date and a full refund. The full rules are in our [General Terms and Conditions](#) (the [German version](#) is legally binding).

04 Declaration and signature

Participation is at your own responsibility. Please respect your own limits and practise within your own capacity. The training is an educational programme and does not replace medical or therapeutic treatment.

Matsya Yoga is liable for damage to property and financial loss only in cases of intent or gross negligence. Liability for personal injury remains unaffected.

- ☐ I have read and accept the [General Terms and Conditions](#) of Matsya Yoga and the conditions above.
- ☐ I confirm that the information I have provided in this form is accurate and complete.
- ☐ I agree that Matsya Yoga processes my data to organise this training (see our [privacy policy](#)).

OPTIONAL

- ☐ Photos and videos from the training in which I can be recognised may be used on the website and in social media. I can withdraw this consent at any time.
- ☐ Please send me the newsletter with dates and news (at most once a month, unsubscribe at any time).

Place and date

Signature

Full name in block letters

Thank you — we are looking forward to welcoming you in the Wachau.