



MATSYA YOGA

KUNDALINI & HATHA YOGA · ROSSATZ, WACHAU · AUSTRIA

Welcome

200-HOUR YOGA TEACHER TRAINING

You are warmly welcome to our Kundalini & Hatha Yoga Teacher Training — a course of the highest quality, registered with Yoga Alliance at 200 hours.

You need nothing to join this training except an open heart. We are looking forward to sharing this knowledge with you.

Before the training can begin, we kindly ask you to fill in the form on the following pages. Take your time with it — and simply write to us if anything is unclear.

Warm regards, Namaste!

Clemens Biedrawa

MATSYA YOGA

Matsya Yoga · Rossatz 12, 3602 Rossatz, Austria

home@yogamatsya.com · yogamatsya.com

Teacher Training Application

200-HOUR KUNDALINI & HATHA YOGA · YOGA ALLIANCE REGISTERED

Please fill in the form, sign the last page and send it back to home@yogamatsya.com. If a question does not apply to you, just leave it open.

01 About you

Date of application	
Full name	
Address	
Phone number	
Date of birth	
Email	
Gender	
Nationality	
Spoken languages	
Emergency contact (name & phone)	

PREFERRED OPTION

☐ With accommodation (€ 2,700) ☐ Without accommodation (€ 2,100)

PREFERRED FORMAT

☐ 25-day intensive ☐ Year-long arrangement

02 Your practice

There are no right or wrong answers here — we simply want to get to know you a little before we meet. Feel free to continue on a separate sheet.

Why do you want to join this training? What do you hope to gain from it, and why do you want to become a yoga teacher?

How long have you been practising yoga, and how often do you practise now?

Please tell us about the main teachers who have influenced you.

Are you currently teaching yoga? If yes, where and in which style?

Please describe your educational and professional background.

Please list any injuries, physical concerns or medication we should know about, so that we can adapt the practice for you. How would you describe your overall health?

Is there anything else you would like to share with us?

03 Conditions, fee and deposit

Location Matsya Yoga, Rossatz 12, 3602 Rossatz, Austria

Duration Either as a 25-day intensive or spread over a year by individual arrangement.

OPTION	TOTAL FEE	DEPOSIT
Training with accommodation	€ 2,700	€ 500
Training without accommodation	€ 2,100	€ 500

The fee covers all course materials and all training hours. Travel to and from Rossatz is not included.

HOW TO SECURE YOUR PLACE

1. Send us this form

Fill in and sign the form, then email it to home@yogamatsya.com.

2. Transfer the deposit

Transfer € 500 to the account below. Your place is reserved as soon as the deposit arrives.

3. Confirm the transfer

Send us a screenshot or confirmation of the transfer, so we can match it to your name.

4. Pay the balance on arrival

The remaining fee is due on the first day of the training.

BANK DETAILS

Account holder	Matsya Yoga
IBAN	AT50 1200 0100 4187 2572
BIC	BKAUATWW
Reference	200h YTT + your full name

04 Disclaimer and signature

By enrolling, the student agrees to take full responsibility for their own health and well-being. It is the student's responsibility to recognise their own limits and to practise within their own capacity.

Matsya Yoga and its teachers cannot be held liable for any adverse outcome arising from the practice of yoga or from any other activity during or following the course, except where caused intentionally or by gross negligence. Liability for personal injury remains unaffected.

By signing, the student confirms that they have read, understood and accept the **terms and conditions of Matsya Yoga (AGB)**.

- ☐ I have read and accept the terms and conditions and the disclaimer above.
- ☐ I confirm that all information I have provided in this form is accurate and complete.
- ☐ I consent to Matsya Yoga storing my data for the purpose of organising this training.

Place and date

Signature

Full name in block letters

Thank you — we are looking forward to welcoming you in the Wachau.