



Matsya Yoga

www.yogamatsya.com



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning 7-8 AM					Morning Sadhana & Beautiful Hatha Yoga		
Noon 12:30-1:30 PM				Hatha Yoga and Yoga Nidra			
Evening 6:30-8:00 PM			Kundalini Yoga und Yoga Nidra				

Prices: 15 Euro - Single Class,
120 Euro - 10 Class Block

Registration: 06802455462,
home@yogamatsya.com

Matsya Yoga - yogamatsya.com - Rossatz 12, 3602 Rossatz